Our Training is for Carer Support Workers, Personal Assistants and Family Carers.



CROSS ROADS CARE FOR CARERS AND THE PEOPLE THEY SUPPORT





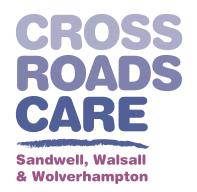
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Charity registration no. 1040679 Company no. 2950188 CQC Provider Number 1-119234223



## **Training Services**





### **Training we offer**

Our qualified Trainers offer courses suitable for all Carer Support Workers and Personal Assistants looking to increase their knowledge and skills in the following areas:

- Manual Handling and Hoist Training
- Infection Control
- Medication
- First Aid (Accredited)
- Health and Safety (Accredited)
- Food Hygiene (Accredited)

We have found our training to be beneficial in a variety of care settings, furthering maximum care and support, ensuring the safety of all, promoting independence, choice, dignity and equality.

For more information and costing's, please contact our Training Department on **0121 553 6483**.

"We are leaders in social care...
people you can trust to step
into your shoes"

#### Free support:

Funding arrangements now allow us to offer FREE support for Sandwell carers. Please enquire if you live in Walsall and Wolverhampton as funding arrangements differ.

# Our family carer Moving & Handling home training

Do you care for a family member? Would you like to know about how to keep yourself and others safe when Moving & Handling at home?

Crossroads now offer Manual Handling Training in the home, qualified Trainers will come out at your convenience, to assist you with any queries you have.

You may have been supplied with equipment that you are not 100% confident with, or you may just wish to increase your moving and handling knowledge in general.

Crossroads recognise the importance of keeping carers safe and well. For a limited period we have access to funding which will enable us to provide FREE training in certain areas.

Training provided in your own home or at our training centre in Sandwell.

If you are interested in this opportunity please contact our office for further details and arrangements.

0121 553 6483



#### Our aims and objectives

The purpose of our training is to increase awareness and keep individuals safe when caring for others.

We aim to promote safer techniques which benefit the person with care needs and the carer. This will help to improve your confidence by knowing that you have the skills to look after yourself and take care of the person you are caring for.

If you would like to learn more about our

Training services please complete the form

cut-out and send to	the address below:
Name:	
	venient time for us to contact you?
A.M:	P.M:
Our office hours are	e from 8.30am to 4.30pm,

Monday to Thursday, 8.30am to 4.00pm, Friday,



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