

Sources of Referral:

Carers themselves

Adult Social Care:

Sandwell Council Assist
(non facs eligible –
substantial or critical)

NHS professionals:

Including Mental Health
Specialists

Voluntary & community organisations:

Especially those responsible
for Level 1 hub and spoke
provision

Assessment and care management teams:

For any carers within the
system who require short
term support whilst awaiting
care packages or personal
budgets

**Please contact one
of preferred providers
for more information:**

Sandwell Crossroads
0121 553 6483

Better Understanding
of Dementia for Sandwell
(BUDS) **0121 565 3721**

West Bromwich African
Caribbean Resource Centre
0121 525 9177

Sandwell Asian Family
Support Services
0121 558 2198

Our services are supported by



Grenville House, New Swan Lane,
West Bromwich, West Midlands B70 0NS

T 0121 553 6483 F 0121 553 4372

info@sandwellcrossroads.org www.sandwellcrossroads.org

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CQC Provider Number 1-119234223

CROSS ROADS CARE

Sandwell, Walsall
& Wolverhampton

Time for a Break Caring for Carers



Respite Breaks for Family Carers

Service Providers



Funded by SMBC

T 0121 553 6483 www.sandwellcrossroads.org

Time for a Break

For carers who care for someone with an organic mental health and frail older people.

Partner organisations providing respite are;

Sandwell Crossroads Care, Better Understanding of Dementia (BUDS) for Sandwell, West Bromwich African Caribbean Resource Centre (WBACRC) and Sandwell Council of Voluntary Organisations (SCVO).

Caring for Carers

For carers who care for someone with a physical, sensory disability, long term condition and those at the end of their life.

Partner organisations providing respite are;

Sandwell Crossroads Care, South Asian Family Support Service (SAFSS), West Bromwich African Caribbean Resource Centre (WBACRC) and Sandwell Council of Voluntary Organisations (SCVO).

We can provide FREE short breaks from one of the following services:

Home based:

Activities based in the home environment

Centre based:

Activities based in a care setting

Community based:

Activities provided in the community, either on an individual or small group basis

OR

Grant based:

Carers can apply for a grant payment enabling carers to arrange their own short break – maximum value £150

If the carer provides 20 hours of unpaid support per week

Facing emergency or crisis situations

Who is eligible?

Live with the person they care or, Support more than one person

Are in poor health (physical or mental) themselves

Are sole carers i.e. have no other family members or friends involved



Directly provided flexible short breaks will be limited to a **maximum of 72 hours** per year, per carer, for each person supported by that carer. These will be delivered flexibly to suit the individual circumstances of carers. During this period you will be assessed for FACS (Fair Access to Care Services) eligible service.