

**CROSS  
ROADS  
CARE  
FOR  
CARERS  
AND THE  
PEOPLE  
THEY  
SUPPORT**

If you would like to learn more about receiving this support please contact us on the number at the bottom of this page to speak to our Care office or please complete the form below and return to the following address:

**CROSSROADS CARE  
GRENVILLE HOUSE  
NEW SWAN LANE  
WEST BROMWICH  
B70 0NS**

Name: .....

Address: .....

Postcode: .....

Mobile/Telephone: .....

**0121 553 6483**  
**info@sandwellcrossroads.org**  
**www.sandwellcrossroads.org**

**CROSS  
ROADS  
CARE**  
Birmingham • Sandwell  
Walsall • Wolverhampton

  
**carerstrust**  
a Network Partner

Grenville House  
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**FREE**  
**Birmingham**  
**Respite for Carers**



**CROSS  
ROADS  
CARE  
ABOUT  
RELIEVING  
CAREER  
STRESS**

## CROSSROADS OFFERS RESPITE BREAKS TO FAMILY CARERS ACROSS BIRMINGHAM.

If you are caring for someone chronically or terminally ill we will provide you with care and support to have a respite break.

### SO CONTACT US NOW FOR MORE INFORMATION!

Crossroads Care affiliated to the Carers Trust is Britain's leading provider of support for carers and the people they care for. We work with over 35,000 individuals and their families, helping carers make a life of their own outside caring.

Our charity cares for people, not for profit. Our carer support staff love their work. They understand what family carers, and those they care for, need and feel. They know the simple things that really matter, they do the hard jobs with a smile and they take pleasure in fitting into family life.

Its no surprise then, that Crossroads staff build long and trusted relationships and that more people turn to us for support than to any other social care provider.



## Birmingham Practical Support and Respite care for the Carer.

Crossroads aims to offer practical and emotional support to informal carers and the people for whom they care for.

We are delighted that NHS Birmingham CrossCity and South Central Clinical Commissioning Groups are supporting family carers. Care and support is provided by appropriately trained Carer Support Workers, tailored to individual need and circumstances and is provided in the home of the person with care needs.

The service enables carers to have vital time away from caring responsibilities to protect their own health and wellbeing. The service helps to decrease the stress of both the carers and the patient (with a physical, learning disability or mental health need). Crossroads offer ongoing support, advocacy, referral to other appropriate services and information that supports and sustains carers within their caring role.

**Your GP must be registered with one of these Clinical Commissioning Groups, if you are unsure please contact us for advice.**

